

PARTHENON PAVILION

TriStar Parthenon Pavillion offers help and hope for Individuals age 18 or older.

Programs address a broad range of psychiatric illnesses including: depression, bipolar and psychotic disorders; mood and anxiety disorders; alcohol and drug abuse; dissociative disorders; Alzheimer's disease and other geriatric illnesses.



SERVICES AND PROGRAMMING

Parthenon offers two well-established treatment programs specifically for adults 18 years of age and older in acute psychiatric crisis.

- ❖ **Adult Treatment Program**
- ❖ **Dual Treatment Program**



ADULT SERVICES

Adult Treatment Program (ATP):

Clinical Director: Alan Lynch, MD
Director of Nursing: Kristi Frease
Manager: Derek Barbee
CNL's: Niki Williams, Amy Bailey,
Tracie Ross

- 55 beds over three inpatient units
- Adults age 18 years or older
- Voluntary and/or involuntary

Specializes in treatment of acute psychiatric symptoms that cannot be adequately treated on an outpatient basis.

Common Disorders:
schizophrenia, unspecified psychosis, schizoaffective disorder, bipolar disorder, major depressive disorders, and personality disorders.

ADULT SERVICES

Dual Treatment Program (DTP):

Clinical Director: Alan Lynch, MD
Director of Nursing: Kristi Frease
Manager: Derek Barbee
CNL: Bob McKeown

- 23 bed inpatient unit
- Adults age 18 years or older
- Voluntary and/or involuntary

Specializes in treatment of acute psychiatric symptoms and co-occurring addiction or substance abuse.

Common Disorders:
major depressive disorder, bipolar disorder, adjustment disorder, post-traumatic stress disorder and co-occurring drug and alcohol issues

SERVICES AND PROGRAMMING

Parthenon is also one of the first hospitals to offer psychiatric treatment programs specifically designed for senior patients.

- ❖ Memory Care Program
- ❖ Senior Treatment Program



SENIOR SERVICES

Memory Care Program (MCP):

Clinical Director: Dr. Alan Lynch
Director of Nursing: Tamika Tyus
Manager: Larry Johnson
CNL: Christine Ayotte

- 24 beds over two inpatient units
- Adult patients
- Voluntary and/or involuntary

Specializes in treatment of patients with dementing illnesses or other psychiatric/neurological disorders impairing memory, judgment, and behavior.

Common Disorders:
Vascular dementia, Alzheimer's disease and unspecified psychosis, Parkinson's Disease, Multiple Sclerosis and/or cardiovascular incidents.

SENIOR SERVICES

Senior Treatment Program (STP) :

Clinical Director: Dr. Alan Lynch
Director of Nursing: Tamika Tyus
Manager: Larry Johnson
CNL's: Julie Cox

- 28 beds over two inpatient units
- Adult patients over the age of 60
- Voluntary and/or involuntary

Specializes in treatment of geriatric patients acute psychiatric symptoms that cannot be adequately treated on an outpatient basis.

Common Disorders:
schizophrenia, schizoaffective disorder, major depressive disorder, anxiety and bipolar disorders.

TREATMENT PROGRAMMING



❖ECT

❖Treatment Mall



TREATMENT PROGRAMMING

The Electroconvulsive Therapy Program (ECT):

Manager: Rick Knight, RN

- Inpatient and outpatient services
- ECT services are provided by registered nurses, ECT technicians, anesthesiologists, and credentialed psychiatrists.

Treatment modality for patients with certain types of psychiatric disorders that are responsive to this form of therapy.

Clinical Indications:

- depression
- mania and mixed states
- schizophrenia
- Catatonia
- Immediate risk of suicide
- unresponsive to appropriate pharmacological and/or psychotherapeutic management
- severe medical problems prohibiting the use of psychotropic drugs
- severe and unremitting emotional suffering or incapacitation.

TREATMENT PROGRAMMING

The Treatment Mall Program

Coordinator: Sarah Wieck, LCSW

- Collection of specialized groups
- Offers greater ownership in treatment
- Geriatric and Adult Treatment Malls available.
- Specialized tracts focusing on individual needs and diagnosis.
- Groups are led by all disciplines

Specialty tracts:
thought disorder, mood disorder, chemical addiction, trauma, grief, depression, pain, and anxiety.



ADMISSION SERVICES

Our Community Assistance Program (CAPs)

Available 24/7 to assist with making a level of care assessment.
Staffed by master's-level mental health counselors and psychiatric registered nurses.

Patients are assessed as follows:

- A patient or referral contacts CAPs.
- CAPs gathers clinical and demographic data to determine whether an assessment is indicated.
- If an assessment is not required, CAPs will provide appropriate referrals community mental health resources.
- If an assessment is needed, CAPs arranges for the first available assessment specialist to see the patient.
- Individuals may also come directly to TriStar Parthenon Pavilion without calling to schedule an assessment. Prior evaluation at the ER is not required.

ADMISSION SERVICES

Our Community Assistance Program (CAPs)

CAPs assessment:

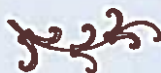
- Clinical information, such as risk of suicidality, homicidality, danger to others and the inability to care for self
 - Chronic and current medical conditions and an up-to-date medication list
 - Past treatment history and any special care needs
 - Insurance information
- Evaluation and documentation for involuntary patients.



OUTPATIENT SERVICES

TriStar Centennial Parthenon Pavilion Intensive Outpatient Program (IOP)

The IOP at TriStar Centennial Parthenon Pavilion is an intensive outpatient treatment program focused on the healing of trauma, anxiety and depression.



Group classes are held during the week for four to six weeks.

PARTHENON PAVILION



TriStar Parthenon Pavilion stands on a firm foundation of excellence built and maintained by our experienced team of psychiatrists, nurses, clinical pharmacists, counselors, social workers, case managers, patient advocates, dieticians and certified adjunctive therapists. We have created a close-knit community that promotes professionalism and compassion.

The team coordinates closely with outside clinicians, social service and patient families to ensure a smooth transition among levels of care and to help encourage re-integration following treatment.